

## 香港中文大學公共衛生學院婦女健康促進及研究中心 Centre of Research and Promotion of Women's Health School of Public Health, The Chinese University of Hong Kong



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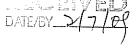
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Rm 307, School of Public Health, Prince of Wales Hospital, Shatin, N.T., Hong Kong

## CONFERENCE ON SUCCESSFUL AGEING THROUGH HOLISTIC LIVING

5 - 7 November 2009



25 June 2009

Dear Sir / Madam

It is our pleasure to invite you to the Conference on "Successful Ageing through Holistic Living" to be held on 5 - 7 November 2009. The Conference is co-organized by the Centre of Research & Promotion of Women's Health of the School of Public Health, Chinese University of Hong Kong, and Helping Hand and is supported by Hong Kong Nutrition Association, Hong Kong Geriatrics Society and Institute of Active Ageing of The Hong Kong Polytechnic University.

The aim of the Conference is to promote community awareness of the importance in making preparation for a successful old age, which will require efforts in a healthy living and nutrition, and raising the cognitive and psychological reserve. It consists of keynote speeches by renowned speakers, local and overseas, in the morning at the School of Public Health, CUHK and workshops in the afternoon at the Holiday Center of Helping Hand.

As an attendee, you are free to choose to attend the keynote speeches and plenary sessions in the morning or the afternoon parallel sessions or join us to visit two prominent NGOs on the last day of the Conference. You are most encouraged to sign up all the activities in these three days. Enrollment for a single day will be charged at \$250, or for full 3 day conference at \$600 as an early bird registration by 30 September 2009. Details of the Conference can be found at <a href="http://www.holidaycentre.org/conference/index.htm">http://www.holidaycentre.org/conference/index.htm</a>.

On behalf of the Organizing Committee, I express our sincere thanks for your kind assistance in disseminating the attached poster and the enrollment form to your colleagues and friends. You are also welcomed to circulate the information to other interested parties. For further information, please contact Ms Renee Leung, Project



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Coordinator, at <a href="mailto:crpwh@cuhk.edu.hk">cuhk.edu.hk</a> or 2252 8896.

Looking forward to seeing you at the Conference in November 2009.

Yours sincerely

Chairman, Conference Organizing Committee

Professor Suzanne SY Chan Ho

Director, Centre of Research and Promotion

of Women's Health

School of Public Health

The Chinese University of Hong Kong

Tel: 2252 8775

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Co-chairman

Dr David Lok Kwan Dai

Consultant Geriatrician

Dept of Medicine &

Therapeutics

Prince of Wales Hospital

Tel: 2632 3486

Email: daidk@ha.org.hk

## Conference on Successful Ageing Through Holistic Living <u>Enrollment Form</u>

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Half day	\$100 - Day 1 (AM / PM)		\$120 - Day 1 (AM / PM)
(excluding lunch)	\$100 - Day 2 (AM / PM)		\$120 - Day 2 (AM / PM)
	\$100 - Day 3 (AM / PM)		\$120 - Day 3 (AM / PM)
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