

# 傑出

## 中國訪問學人計劃 DISTINGUISHED CHINESE VISITING SCHOLARS SCHEME



### 公開講座及研討會 Public Lectures and Seminars

公開講座/研討會主題  
Topic of Public Lecture/Seminar

中國膳食、營養及慢性疾病的發展情況  
Diet, Nutrition, and Chronic Disease in Mainland China  
(英語 English)

主講學人  
Speaker

陳君石院士  
Prof. Chen Junshi

到訪學院/學系  
Host Faculty / Department

應用生物及化學科技學系  
Department of Applied Biology and Chemical  
Technology

日期  
Date

27/11/2012 (星期二 Tuesday)

時間  
Time

14:30-16:00

地點  
Venue

香港理工大學李嘉誠樓 16 樓 M1603 室  
M1603 (Senate Room), Li Ka Shing Tower, PolyU

費用全免 Free Administration

**For Registration**, please contact Ms. Fanny NG / Ms. Wai-yin PANG at 34008859 / 34008860

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## 中國訪問學人計劃

DISTINGUISHED CHINESE VISITING SCHOLARS SCHEME

序言  
Foreword

活動一覽表  
Activities Schedule

學人簡介  
Background of Scholars

登記留座  
Registration



陳君石院士  
Prof. Chen Junshi

- 中國工程院院士
- 中國疾病預防控制中心營養與食品安全所研究員
- 中國國家食品安全風險評估中心研究員、總顧問
- 國家食品安全風險評估專家委員會主任
- 國家食品安全標準審評委員會副主任
- 國際食品添加劑法典委員會主席
- Member of the Chinese Academy of Engineering
- Senior Research Professor of the Institute for Nutrition and Food Safety, Chinese Center for Disease Control and Prevention
- Senior Research Professor and General Scientific Advisor, China National Centre for Food Safety Risk Assessment
- Chairman of the National Food Safety Risk Assessment Expert Committee
- Vice Chairman of the National Food Safety Standard Review Committee
- Chairman of the Codex Committee on Food Additives (CCFA)

祝世學院士  
Prof. Zhu Shixing

胡海岩院士  
Prof. Hu Haiyan

陳君石院士  
Prof. Chen Junshi

葉聲華院士  
Prof. Ye Shenghua

鄭平院士  
Prof. Cheng Ping

翟婉明院士  
Prof. Zhai Wanming

當今世界各國之間的競爭，關鍵在於科學技術水準，也就是科技人才的競爭。無論是學生在學習中，還是教授在教學和研究工作中，都應該意識到這一點，以此作為學習和工作的動力。

陳君石院士，營養與食品安全專家。1935年生於上海，原籍浙江省杭州市。1956年畢業於北京醫學院公共衛生學系，1968年中國醫學科學院藥理學研究生畢業。2005年當選中國工程院院士。長期以來任中國疾病預防控制中心營養與食品安全所研究員、博士生導師。自2011年10月起任中國國家食品安全風險評估中心研究員、總顧問。

陳院士為中國食品毒理學學科的創始人之一，是國內外享有盛譽的營養和食品安全專家。1968至76年從事硒與克山病研究，1984年獲施瓦茨國際獎；1983至93年與康奈爾大學Campbell博士和牛津大學Peto教授合作開展「中國膳食、生活方式和疾病死亡率關係研究」；專著曾為國際期刊《Cancer Research》1992年第11期封面，獲衛生部科技進步一等獎（第一作者）；1990至2000年三次開展中國總膳食研究，被世界衛生組織譽為發展中國家開展總膳食研究的典範；1994至98年主持茶葉防癌研究及人群干預研究，達致國際領先水準。1997年作為專家小組成員發表WRCF/AICR報告《Food, Nutrition and the Prevention of Cancer: a Global Perspective》(膳食、營養與癌症防治：國際觀點)。1998年至今有系統地研究及推廣NaFeEDTA強化醬油預防貧血。主要研究領域包括：

- (1) 膳食、營養與慢性非傳染性慢性疾病的流行病學研究；
- (2) 食物強化；
- (3) 可食用植物(茶葉、蔬菜及水果等)對防止癌症形成的成效，特別專注生物標記及人群干預的研究；
- (4) 總膳食研究。

陳院士兼任的主要職位有：國家食品安全風險評估專家委員會主任、國家食品安全標準審評委員會副主任、國際食品添加劑法典委員會主席、世界衛生組織食品安全專家團成員、國際生命學會中國辦事處主任、香港中文大學兼任教授、中國毒理學會名譽理事長等。

Prof. Chen Junshi, an expert in nutrition and food safety, was born in Shanghai, China in 1935. Prof. Chen graduated from Beijing Medical College in 1956 and received his master's degree from the Chinese Academy of Medical Sciences in 1968. Elected a Member of the Chinese Academy of Engineering in 2005, he has worked as a Senior Research Professor and supervisor of PhD students at the Institute for Nutrition and Food Safety, Chinese Center for Disease Control and Prevention (the former Chinese Academy of Preventive Medicine) for many years and was transferred to the China National Centre for Food Safety Risk Assessment senior Research Professor and General Scientific Advisor.

As one of the founders of food toxicology in China, Prof. Chen studied selenium and Keshan disease in 1968-76 and received a Schwarz Award in 1984. He conducted large epidemiologic studies on diet, nutrition and chronic diseases, in collaboration with Dr. T. Colin Campbell, Cornell University and Prof. Richard Peto, University of Oxford in 1983-93. His book has been selected as the cover feature of the journal *Cancer Research* (Issue No. 11, 1992), with the honour of the First-class Technology Progress Award from China's Ministry of Health. In 1990-2000, he conducted three total diet studies in China and was regarded as a role model by the WHO. In 1994-98, he conducted a series of studies on the protective effects of tea on cancer, including laboratory study and human intervention trials. He is a member of the expert panel who wrote the WRCF/AICR report "Food, Nutrition and the Prevention of Cancer: a Global Perspective" (1997). Since 1998, he has systematically studied the prevention of anemia by NaFeEDTA-fortified sauce. Prof. Chen's research interests focus in the following areas:

- (1) Relationship between diet, nutrition and non-communicable diseases;
- (2) Food fortification;
- (3) Studies on the protective effect of edible plant (tea, vegetables, fruits, etc.) components on cancer formation with special emphasis on biomarkers and human intervention trial;
- (4) Total diet study in China

Prof. Chen also serves as the Chairman of the National Food Safety Risk Assessment Expert Committee, Vice Chairman of the National Food Safety Standard Review Committee, Chairman of the Codex Committee on Food Additives (CCFA), Member of the Food Safety Expert Panel of the World Health Organization (WHO), and Director of ILSI (International Life Sciences Institute) Focal Point in China. He is also the Adjunct Professor, The Chinese University of Hong Kong; and Honorary President of the Chinese Society of Toxicology.