

#### 香港社會醫學學院 HONG KONG COLLEGE OF COMMUNITY MEDICINE

founder College of the Hong Kong Academy of Medicine
Incorporated with limited liability



#### **ADMINISTRATIVE MEDICINE**

**Part I Examination** 

Friday 4 June 2021

10:30 – 13:00 (2½ hours)

#### **Paper IIA**

### Candidates must answer all parts of this questions

Style, clear grammatical English and legibility will be taken into consideration by the Examiners. Answers should be written in a form appropriate to the audience specified in the question.

Weighting of marks for each part of the question is shown in parenthesis.

# DO NOT OPEN PAPER UNTIL THE INVIGILATOR INSTRUCTS YOU TO BEGIN

Referring to the article: Ong, Michael K., et al. "Effectiveness of remote patient monitoring after discharge of hospitalized patients with heart failure: the better effectiveness after transition—heart failure (BEAT-HF) randomized clinical trial." *JAMA internal medicine* 176.3 (2016): 310-318, please answer the following questions. (Total 100 marks)

- 1. Based on the information provided in Table 2, calculate the absolute risk increment on 180-day readmission caused by remote telemonitoring (in percentage, rounding to the 1 decimal place). (5 marks)
- 2. Provide an interpretation of the results of your calculation in (1). (10 marks)
- 3. Based on the information provided in Table 2, calculate the number needed to treat for remote telemonitoring on the outcome of 30-day mortality (rounding to the nearest number). (5 marks)
- 4. Provide an interpretation of the results of your calculation in (3). (10 marks)
- 5. Comment on the internal validity of this publication and explain why. (25 marks)

## **QUESTION CONTINUES**

- 6. Based on the conduct of this trial, comment on whether remote telemonitoring is applicable to majority of HF patients discharging from hospitals. (10 marks)
- 7. This trial showed that remote telemonitoring did not reduce all-cause readmission at 180 days in patients hospitalized for heart failure (HF). Lists 2 possible reasons which may explain this finding. (20 marks)
- 8. How may telemonitoring technique be improved to reduce readmission? (15 marks)

